Reindeer Special Milk Delivery

Frank Clements, Owner of Team, Comes to Rescue of Chicago Babies During Snow Blockade



lowing the announcement that thousands of Chicago mothers were be the fact that they had no milk for their infants as a result of the morement that thousands of Chicago mothers were beey had no milk for their infants as a result of the
filled all Chicago streets, making many impassable,
y played the part of the "Good Samaritan," and deper sand thus provided food for the hungry tots. The
lightest as much case as in normal times. ards which filled all Chicago streets, making many impassable or Man" ably played the part of the "Good Samaritan," and do

If Cloth Is Adulterated or

versity of Missouri college of agricul-ture, Columbia, may be used in any

is not always a safe test as cotton and linen are often heavily sized with

burning test which may be easily dis-tinguished.

LAYING HENS NEED **FRESH AIR**

The first three months of the year rials. Therefore to protect themser the months that demand efficient selves, women should know a few practical tests to determine the content are the months that demand efficient pourtry house ventilation if the stock is to be healthy and if egg production and value of materials. The object in is to be kept at a maximum, according making these tests is to discover if York state college of agriculture.

Proof of insufficient ventilation usually is found in damp or frosted walls, damp litter, close or impure air, flock, with consequent low winter egg pro-duction. The body of the hen con-stantly gives off moisture, and this accumulates unless there is enough stantly gives off moisture, and this accumulates unless there is enough movement of the air to carry it away. Dampness fosters colds, and when a cold is contracted, the body is too weak to resist the attack of a contract. This weak to resist the attack of a contagious disease such as roup.

It is stated further that the house ild at no time be tightly closed. The exercise of judgment, and a few trials, will show how much to leave the windows open at night. Windows should I removable so that they can be taken out during the day, if it is not storming. Experience indicates that the birds will not suffer from the cold if they are not in a draft, if they are kept working, and if they are not

There are 20,000 Portuguese in the Hawaiian islands, and it is charged that these people, and not the natives, are responsible for the ukulele. guese, but that is not really the ques-tion of greatest moment. So long as the ukulole was confined to Hawaii it was almost as harmless as a banjo, the guitar, or the mandolin. Nobody then had a word to say against it. The point that meeds to be celared up in: Where Hes the responsibility for in-troducing it, not into Hawaii, but into the United States?—Christian Science Monitor.

Things Worth Knowing.

feeds a transfer on the personnel of the personnel.

About 22,000,000 knives and forks and 11,000,000 species have been supplied to the allies in France since the commencement.

A new ten wages has an electrical connection for houging off-blue as bet as may be desired.

A new fire hose needs is capable of many adjustments by which the efficiency of the stream to greatly increased.

Mother's Cook Book

Just being happy is a fine thing to do; Looking on the bright side, rather than the blue;

choosing just being happy is brave work and

Food for the Family.

To save meat we must use more poultry, rabbits, fish and other sea food as our army, the armies of our

Potato Soup.

Cut five medium sized potatoes in cubes, sitee an onion and three pieces of the outside of celery together and mash with a potato masher, put through a sieve and add a cupful of thin white sauce, using a tablespoonful of flour and a tablespoonful of butter cooked together, then a cupful of milk and seasonings of salt and pepper. This makes enough for four servings.

War Blecults. ingredients, roll as thin as possible and make into biscuits. Bake in a slow oven until a light brown.

Bread Cake.

Take two cupfuls of flour, a half tea-poonful of salt, two and a half ta-lespoonfuls of sugar, eight teaspoon-Misrepresented in Any Way fuls of baking powder, a half cupful of milk, a fourth of a cupful of wa-ter, and two tablespoonfuls of butter. Spread over the top, two and a half tablespoonfuls of flour, five tablespoontablespoonfuls of flour, five tablespoon-fuls of sugar, a teaspoonful of cinna-mon, and four tablespoonfuls of oleo-margarine or other butter substitute. Mix the ingredients and sprinkle over cloth is adulterated, artificially dressed or misrepresented in any way. The following tests from Extension Circular 41, Principles of Sewing, Unithe top as it goes into the oven.

Necie Maxwell

Ten Rules for Householders To Obtain Greatest Heating Efficiency and to Save Coal

and linen are often heavily sized with dressing, which prevents the water from being absorbed.

2. A much safer test may be made by dropping glycerine on cotton and linen. Linen will become transparent, but cotton will not be affected.

3. Crushing cotton and linen materials in the hands will show the difference with which the house bolder operates his hegating plant depends mainly upon the type of furnace and the conditions under which it is installed and operated. In the interest, but cotton will not be affected.

3. Crushing cotton and linen materials in the hands will show the difference with which the house bolder operates his hegating plant depends mainly upon the type of furnace and the conditions under which it is installed and operated. In the interest, but cotton will not be affected.

ference in the materials, as linen the base of the heat winkles more than cotton.

4. Cotton and wool mixtures when mettion with the floor so moistened wrinkle more than pure can leak into the ash pit. tight and must make an air-tight con

short, and should grade up to the chimney.

5. The grates must not be warped, must move easily and should have no holes or broken places for unburned coal to drop through.

6. All basement piping, heater surfaces and smoke pipes should be covered with asbestos covering.

7. A shut-off damper should be provided in the smoke pipe to control the intensity of the chimney draft and a check draft damper is required in the a. Cotton burns quickly with flame.
b. Linen burns like cotton, but is not inflammable, as it has less oil in the fiber and less air in the woven

the fiber and less air in the woven cloth.

c. Wool burns slowly, giving off an odor like burnt feathers and leaves a gummy residue.

d. Silk burns more slowly and with less odor than wool. It leaves a crisp ash. Silk leaves more ash when weighted.

Bee Farmers Declare Honey Has the Food Value of Meat A pound of honey or a pound of strloin steak—which shall it be? That
there is as much food value in one as
to another has been proved at the bee
farm at the University of Wisconsin.
To emphasize the importance of promoting beekeeping in Wisconsin as a
profitable business pursuit, the university extends its endeavors to the beehespers of the state, in addition to the
instruction given the students in agriculture in classes.
Wisconsin annually produces about
1,500 tone of choice housy, but the beeheeping industry has not advanced to
the point of recognition as a distinct
specialized branch of agriculture, although much of the undeveloped land
in Wisconsin and most of the present
existency is a majority of it offers opportunity for excellent bee "locations."

I may not triumph in success, Duspits my earnest labor; I may not group results that bless The efforts of my neighbor-But though my goal I never see, This thought shall always dwall will I will be worthy of it.

The golden glory of levels light lifely never fall on my way. By path may always lead throw Life some descript syrap. Though lifely descript by I mim. Though lifely descript by I mim.

NATION-WIDE BOOST IS SEEN

fered by Government.

food as our army, the armies of our allies and the women and children "over there" must have food, and there can only be food enough if Angerica provides it. If each person in the United States saved one pound of sugar a year it would make 50 train loads of 50 cars each, each car carrying 50,000 pounds of sugar; that would help some in supplying the demand for sugar, would it not? Let us not forget that a very small bit multiplied by a hundred million is enormous in result, that it leaves us stunned with its magnitude.

Baltimore Chicken.

Cut up the well cleaned chicken into serving size pieces, roll in highly seasoned flour and put into a hot frying pan with two or three tablespoonfuls of olive or any sweet corn oil, brown then finish cooking slowly either on the store or in the oven. Serve with corn fritters.

fered by Government.

Prepared by the United States Department of Agriculture.)

That the better roads movement is receiving a nation-wide boost is shown by the fact that all the states of the Union have availed themselves of the Opportunity of participating in the opportunity of participating in the foot opportunity of participating in the construction of post roads and \$10,000,000 for forest roads, according to public roads and rural engineering. United States department of agriculture. That the passage of the opportunity of participating in the foot opport states have made specific appropriations to meet federal aid dollar for do iar. Among these are New York, Illi-nois, Michigan, Rhode Island, Nevada, Iowa, Florida and Vermont.

BUILD ROAD CULVERTS RIGHT

Waste of Time and Money Unies Work is Done on Approved Plan Under Competent Direction.

No culvert that is improperly built is safe or economical. On the con-trary, it is a waste of money to spend it on such work unless the work is



Low Water Concrete Bridge.

eniculation as to the volume of water the culverts are to carry off in rainy season and flood time, not in dry weather, and as to the durability of the material used in their construction. There can be no skimping on culvert or bridges or drainage without waste. It is better to have these three things permanent and adequate than to have an expensive form of road surfacing if a choice must be made. The man who built his house on shifting sa instead of solid rock has been regard for centuries as the prince of for

AUTOMOBILE IS BIG FACTOR

at War Has Found In Roads an

Two conditions of civic life em-Pienty of air, may best be had by tilting windows in at the top, as this will not let in the rain nor put drafts; directly on the floor. There should be a wide board at each edge of the window to keep the rain out; a strip of wood, sash-plug, or nall on this strip will hold the window at any desired angle. Both upper and lower sash, where there are two, should be a sranged in this way to get the best circulation.

Origin of the Ukuleic.

There should be a wide board at each edge of the window at any desired angle. Both upper and lower sash, where there are two, should be a srranged in this way to get the best circulation.

Origin of the Ukuleic.

There should be a tested by pull-indicate leaks.

S. The chimney and all connections into it must be tight. A burning match or candle held close to all joints will into it must be tight. A burning match or candle held close to all joints will into it must be tight. A burning match or candle held close to all joints will into it must be tight. A burning match or candle held close to all joints will into it must be tight. A burning match or candle held close to all joints will into it must be tight. A burning match or candle held close to all joints will indicate leaks.

S. The chimney and all connections into it must be tight. A burning match or candle held close to all joints will because Rome had vast armies to move. The present European war has kept thousands upon thousands of men busy in eastern Prancia and western Poland building roads in territories where before there were only samply trails. Many of the roads in the close to the chimney should be straight, the condition or candle held close to all joints will into it must be tight. A burning match or candle held close to all joints will indicate leaks.

S. The chimney should be high enough. The top should be at least 2 feet above around surrounding objects.

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S. The chimney should be high enough. The top shou

faces and smoke pipes should be covered with asbestos covering.

7. A shut-off damper should be provided in the smoke pipe to control the intensity of the chimney draft and a check draft damper is required in the smoke pipe beyond the shut-off damper.

8. There should be a lift or slide damper in the fire door and a draft damper in the san pit door.

9. For highest officiency, some type of automatic draft regulator such as a thermostat should be a provided.

10. All doors and windows in the house should be as tight as possible pair of slabs, slapped together to may not reach the heights I sack. My unifed strongth may fall man, But though that plane I never gain, Beston by some purpose of any pale, I may not reach the heights I sack. My unifed strongth may fall man of the two slabs of a split log. On the other hand, almost any cort of driver house though that plane I never gain, Beston by some purpose of any pale, I may not reach the heights I sack. My unifed strongth may fall man of the two slabs of a split log. On the other hand, almost any cort of driver house in the strongth may fall man of the two slabs of a split log. On the other hand, almost any cort of driver house in the strongth may fall man of low, will change the or finely chopped onlor. Squeeze the face of an orange over the sailed or any off or the better.

Concrete Culvarie Best.

Con

Concrete Culverte Best.
Concrete culverts are, without doubt, the best to use in point of durability and cost of maintenance. There are several reinforced and plain concrete pipes manufactured in most states which make very antisfactory cul-

BEANS OF VARIOUS KINDS. The soy bean has, up to a recent

time, been grown in America only for the purpose of stock food, but the scarcity of other beans has brought out the value of the bean as a food for the buman family.

The soy bean contains nearly twice as much protein as meat and may be used as a substitute for it, as well as for other beans. They are unlike the navy bean as to starchy content, containing very little which makes them a valuable food for labetics. The starch may be supplied by flour or cornstarch, making them more nearly like the ordinary navy

black, green, brown or yellow. They are good cooked in many ways, but must be soaked twelve hours before cooking, then simmer until tender. When baking them the addition of a

tittle flour to supply the starch makes them more palatable.

Baked Soy Beana.—Take one and one-half cupfuls of yellow soy beans, soak twelve hours, then put into a baking dish with a small onion, a piece of pork weighing a fourth of a pound a fourth of a teaspoonful of mustard and two tablespoonfuls of molasses. Cover with cold water mixed with two tablespoonfuls of flour, put on the lid of the bean pot and place in the oven to bake all day. Add more water if needed. A half a cupful of navy beans may be used with the soy beans; if so,

Soy beans are of several colors

Cream Soy Bean Soup .- Take a cup ful of green soy beans, soak twelve hours, then cook in water four hours, or until tender. Rub through a sleve Brown a chopped onion in a little but-Brown a chopped onton in a neue put-ter, add two tablespoonfuls of flour mixed with two tablespoonfuls of but-ter, to the bean pulp; add a teaspoon-ful of sait, a dash of cayenne and an eighth of a tenspoonful of pepper, with a quart of milk. Let simmer for ten ninutes, stirring occasionally, and

Black Soy Bean Soup.—This soup is prepared as above, using onion, celery, a lemon rind and juice, mustard and pepper, with two quarts of water. The lemon may be cut in slices and used as a garnish if preferred.

Know you the wonderland that smiling Just on beyond the turning of the way,
Where every mead is blossom-pied and

Are bluer than the depths where salt waves play?

GOOD THINGS FOR THE FAMILY. Green vegetables, such as spinach. chard, lettuce and water cress

tough may be made more paintable by stewing in water

to move. The present European war has kept thousands upon thousands of men busy in eastern Pransis and western Pransis and of a pound of salt codfish, cut is pleces two inches square and one-half the present key hard the present key hard the present war has found in roads and motorcars the means of moving great armies must be moved quickly, so that the present war has found in roads and motorcars the means of moving great armies as never before. Good highways have made possible a rapid transportation of troops which is astonishing the entire world.

IMPORTANCE OF ROAD DRAGS

Were to the Work Than Standing on implement Holding Reine Over

thange.

Try adding cream to season rutabagas instead of butter, as the former seems to remove the strong flavor, which is objectionable to many pal-

LET US USE MORE VEGETABLES.

things which may be safely stored for winter use if conditions are right that monoton; should never be feared.

because they are uned are easily cared for.
Lentils contain a great deal of nutriment and should be more widely should be more as sonk known and used. Treat as peas, soak over night and make purees or add them to various other dishes as rice. or, spread over cabbage leaves and rolled, then cooked, they make a dish unusual and very good. If cooked in

broth they will take little extra sea-soning to make the dish palatable. Oyster plant, or salsify is anoth much slighted, good and wholeso vegetable. Scrape the roots, cut then in small bits and boil in salted water Serve in a white sauce as a vegetable or serve on pieces of buttered toast as a breakfast or luncheon dish. They also make most delicious soup or a chowder when used with codfish, a lit-tle pork and potatoes.

Escalloped Turnips.—Boll the turnips in large pieces until tender, then cut in cubes or if one likes them extra attractive, use a potato scoop. Make a white sauce using a tabl spoonful each of butter and flour with a pint of rich milk. Put a layer of the turnip, then a layer of the sauce well seasoned with salt and pepper, repeat until the turnips are all used. Sprinkle with buttered crumbs and place in a hot oven long enough to brown the crumbs. Turnip balls may be added to potato saind, the potatoes also cut into balls. These may be combined in a creamed potato adding

a little onion juice for flavor. Onion and Potato Puffa-Chop fine several cold, boiled onlons, mix with mashed potato and bind with a beaten egg. Roll into flat balls, season well and fry a light brown in bacon fat. The potato cakes may be made add-ing a spoonful of onion on top of each and folding, then fry. Garnish

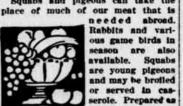
with parsley. There's a glinting of blue, there's a sprinkle of gold.

There's a haze in the skies overhead.

There's a budding of leaf, there's a stirring of life.

In the heart of the hyacinth bed.

MORE MEATS.



n vegetables, such as spinach, lettuce and water cress should appear as often as possible upon our tables.

Mest

Pigeon en Compete.—Brown a half cupful of sweet fat with four pigeons, browning them all over, then remove of vinegar, which out into dice and one dozen white

Necei Maxmell

pipes manufactured in most states which make very attisfactory cubwhich make very attisfactory cubwarts.

Don't Dieturb Sou.

After farrowing the sow ishould not be dieturbed, and if the lies quietly for 10 or 12 hours, so much the better.

When the wasts anything the will so the trough for it.

Try adding cream to season rutsbegas instead of butter, as the former to remove the strong flavor, which is objectionable to many palates.

Baked Hubbard squash may be cut up in pieces, the seeds removed and be dieturbed, and if the lies quietly for 10 or 12 hours, so much the better, when the wasts anything the will so the trough for it.

When the wasts anything the will so the trough for it.

Try adding cream to season rutsbegas instead of butter, as the former to remove flavor.

Some evangelists tell us to love every person—but to hate the ways of wicked people. It can't be done. One can't separate a man and his ways.

His ways are a part of himself. We absolutely refuse to love every ornery cus that comes along—at least, we retisses in serving.





One Treatment with Cuticura Clears Dandruff Soap 25c. Ointment 25 and 50c.





W. N. U., DENVER, NO. 8-1918.

Found an Oyster. Bill-Did you go to the oyster sup per at the church? Jill-I sure did.

"Were there many there?" "I found one."

WOMEN SUFFERERS MAY NEED SWAMP-ROOT

Thousands upon thousands of women have kidney and bladder trouble and never suspect it.

Women's complaints often prove to be nothing else but kidney trouble, or the result of kidney or bladder disease. If the kidneys are not in a healthy condition, they may cause the other organs to become diseased.

Pain in the back, headache, loss of ambition, nervousness, are often times symptoms of kidney trouble.

Don't delay starting treatment. Dr. Kilmers' Swamp-Root, a physician's prescription, obtained at any drug store, may be just the remedy needed to overcome such conditions.

Get a medium or large size bottle immediately from any drug store.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Adv.

Not Good Boon Companions "I'd never accept an invitation to drink with a doctor."

"Why not?"
"Because even when they treat a man they make him pay for it."

BOSCHEE'S GERMAN SYRUP

for a position as policewoman."
"Well, Polly would arrest attention
if nothing else."

Bmile on wash day. That's when you use Red Cross Bag Blue. Clothes whiter than mow. All grocers. Adv.

"One could hardly call her good looking." "Oh, no; but she's so rotten weet and devilish amiable."

by LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a local disease, greatly influenced by constitutional conditions. RALL'S CATARRH MEDICINE will cure catarrh. It is taken internally and acts through the Blood on the Mucous Surfaces of the System. HALL'S CATARRH MEDICINE is composed of some of the best tonics known, combined with zone of the best blood purifiers. The perfect combination of the ingredients in HALL'S CATARRH MEDICINE is what produces such weservisl results in catarrhal conditions. Druggists 76c. Testimonists free.

F. J. Chang & Co., Props., Tolode, O.

"Does he pay his debts?" "No; I gave him a Christmas pres ent once and he only thanked me."

When Your Eves Need Care

Try Murine Eye Remedy